

ProLytics

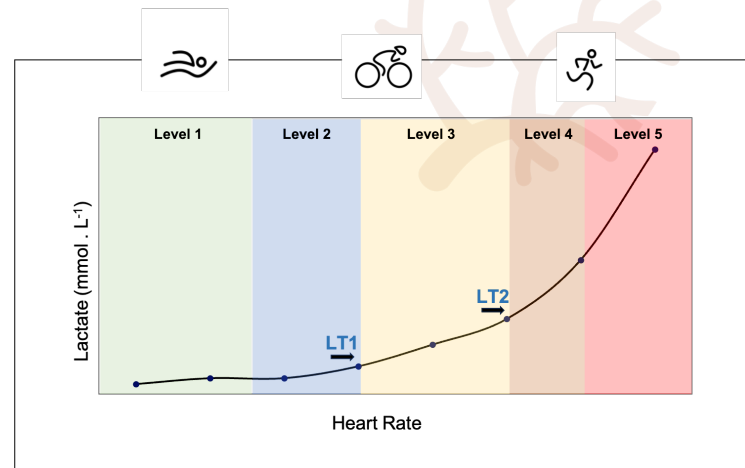
Research Synergies Inc.

ATHLETE LACTATE THRESHOLD TEST

A powerful tool for effective training. Results guide athletes and coaches to develop a training regime that maximizes training limits, while minimizing injury risk. Scientific data drives optimum fitness to attain athletic goals.

💧 Recreational 💧 Elite 💧 Middle-Career 💧 ALL BENEFIT

- 💧 Test gradually increases the intensity of the workout until limit is reached
- 💧 Analyzed data illustrated in a user-friendly graph & explained in a written report



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